

RAC

RAND ATHLETIC CLUB

21 10 KM

24 MAY 2026

WHERE: FERNDALE ON REPUBLIC

START FROM: SHOPPING CENTRE PARKING AREA

START TIME – 6:30AM

ENTRY FEES: 10KM R200 – 21KM R275

TEMPORARY LICENSE FEE 10KM R60 – 21KM R70

T SHIRT R180

For any enquiries contact

hello@rac.co.za or

**WHATSAPP :
072 502 7810**

www.rac.co.za



CENTRAL GAUTENG
ATHLETICS

**ENTER
ONLINE**
PEAK TIMING



FERNDALE
ON REPUBLIC



24 MAY 2026

21 10 KMM

COMPETITION RULES: 1. ALL ROAD RUNNING MEETINGS SHALL TAKE PLACE UNDER THE AUSPICES AND RULES OF WORLD ATHLETICS (WA), ATHLETICS SOUTH AFRICA (ASA), AND CENTRAL GAUTENG ATHLETICS (CGA). 2. ATHLETES INDEMNIFY AND HOLD HARMLESS THE NATIONAL, PROVINCIAL, AND REGIONAL ATHLETICS BODIES, SPONSORS, AND THE RACE ORGANIZER AGAINST ALL CLAIMS OR ACTIONS OF WHATEVER NATURE ARISING FROM PARTICIPATION IN THE EVENT. 3. ATHLETES PARTICIPATE ENTIRELY AT THEIR OWN RISK. BY ENTERING ANY CGA-SANCTIONED EVENT, ATHLETES CONFIRM THEY ARE MEDICALLY FIT TO PARTICIPATE AND ACCEPT FULL RESPONSIBILITY FOR THEIR HEALTH. PARTICIPANTS MUST SUPPLY THE NAME AND CONTACT NUMBER OF THEIR NEXT OF KIN WHEN ENTERING A RACE. 4. LICENSED ATHLETES MUST WEAR THEIR PERMANENT LICENSE NUMBERS ON THE FRONT AND BACK OF THEIR VEST OR T-SHIRT. THE ISSUED RACE NUMBER MUST BE WORN ON THE FRONT WITHOUT OBSCURING ANY SPONSOR NAME OR LOGO. 5. ATHLETES NOT AFFILIATED WITH A CLUB MUST PURCHASE A TEMPORARY LICENSE WHEN ENTERING ONLINE OR AT THE REGISTRATION VENUE BEFORE THE START OF THE RACE. 6. NON-SOUTH AFRICANS MUST PURCHASE A TEMPORARY WHEN PARTICIPATING AT ANY ASA AFFILIATED EVENT. 7. ATHLETES COMPETING FOR CATEGORY PRIZES MUST WEAR CLEARLY VISIBLE AGE CATEGORY TAGS OF THE APPROPRIATE SIZE ON THE FRONT AND BACK OF THEIR RUNNING VEST OR T-SHIRT. 8. PRIZE WINNERS MUST PRESENT A VALID IDENTITY DOCUMENT TO THE APPOINTED REFEREES BEFORE PRIZE-GIVING OR AT ANY OTHER TIME REQUIRED. 9. WALKERS COMPETING FOR WALKERS' PRIZES MUST WEAR WALKER TAGS ON THE FRONT AND BACK OF THEIR RUNNING TOPS AND MUST COMPLY WITH RULE 33 OF THE ASA DOMESTIC RULES AND REGULATIONS. 10. THE USE OF EARPHONES, HEADSETS, OR SIMILAR DEVICES DURING THE RACE IS STRICTLY PROHIBITED. 11. PARTICIPANTS MUST REQUEST PERMISSION FROM THE RACE ORGANISER PRIOR TO THE RACE FOR THE USE OF WHEEL CARTS, PRAMS, OR WHEELCHAIRS. 12. NO ANIMALS OR PETS ARE PERMITTED TO PARTICIPATE. 13. INSTRUCTIONS ISSUED BY TRAFFIC OFFICERS AND RACE OFFICIALS MUST BE OBEYED AT ALL TIMES. 14. FAILURE TO COMPLY WITH THESE RULES, OR ANY OTHER RULES ISSUED BY THE RACE ORGANISER, MAY RESULT IN IMMEDIATE DISQUALIFICATION, FORFEITURE OF PRIZE MONEY, NULLIFICATION OF RESULTS, OR A COMBINATION THEREOF. FURTHER REMEDIAL ACTION MAY BE TAKEN IN LINE WITH THE CGA/ASA CONSTITUTION. THE DECISION OF THE RACE REFEREE IS FINAL. REFER TO CGA RULES AND REGULATIONS MANUAL FOR DETAILED INFORMATION. UPDATED MARCH 2026

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